

OCTOBER 2017

BRUSH COUNTRY

6500 BRUSH COUNTRY RD AUSTIN TX 78749, 512-289-5774



Celebrating October

OCT 6TH MUSIC W/TONY

**OCT 10TH RESIDENT COUNCIL
10:30 & FAMILY SUPPORT
GROUP AT 6PM**

**OCT 12TH MUSIC
W/STEWART**

**OCT 13TH RESIDENTS
MONTHLY BIRTHDAY
PARTY**

OCT 16TH MUSIC W/TONY

OCT 20TH MUSIC W/TONY

OCT 26TH MUSIC W/LEE

**OCT 27TH MUSIC W/
JESSICA**

OCT 30TH MUSIC W/TONY

**OCT 31ST 6PM HALLOWEEN
FALL CARNIVAL IN THE
COURTYARD.
WITH SPECIAL GUEST:
DJ CHRIS TRISTAN**

Go Nuts for Squirrels in October

Squirrels will be busy throughout October burying nuts in the ground in preparation for the long, cold winter. No wonder October is both Squirrel Awareness Month and Nut Month. Nuts such as acorns, hickory, pecans, and black walnuts are the most important part of a squirrel's diet, for they give the squirrel the protein and fatty acids they need to survive. But the truth is that squirrels, like humans, require a balanced diet to stay healthy. They may love nuts, but they also need to eat berries, seeds, young plants, and even insects to get the nutrition they need. Like humans, squirrels also sometimes don't realize that too much of a good thing could make them sick. Many squirrels adore peanuts, but peanuts can harbor a fungus in their shells that is poisonous to squirrels.

These furry critters, often seen scurrying up and down trees in the backyard, are easy to take for granted. Yet the squirrel is a highly adaptable animal; there are 285 different species located all over the world. Tree squirrels, such as North America's eastern gray squirrel, play an important role in forest regeneration. The gray squirrel often eats damaged seeds and nuts first and stores the best seeds to eat later. Burying these seeds gives hardwood trees a greater chance to thrive. With a 17-inch body and a 20-inch tail, the Indian giant flying squirrel is impressive for its size and has the ability to soar up to 300 feet. These squirrels do not really fly but glide on thin membranes of skin that are attached to their front and hind legs like a parachute. Ground squirrels, including marmots, woodchucks, and prairie dogs, have evolved to live outside of forests, instead digging vast underground burrows in mountains and grasslands. These species, unlike their tree-dwelling cousins, are also highly social and communicative. The next time you watch the silly acrobatics of these backyard visitors, take some time to appreciate how squirrels have been able to find success in habitats all over the world.

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WORD BUILDER

1. COCO + _____ = _____
2. CURT + _____ = _____
3. FORM + _____ = _____
4. MEME + _____ = _____
5. BUCK + _____ = _____
6. OVER + _____ = _____
7. PEND + _____ = _____
8. PAYM + _____ = _____
9. PHAN + _____ = _____
10. SAMU + _____ = _____
11. TUGB + _____ = _____
12. SWAG + _____ = _____

Add the three-letter endings from the list below to create seven-letter words. Use each ending only once.

GER ANT EYE AIN NTO ALL NUT
ULA OAT ENT RAI TOM

October Birthdays:

Employees:

Michelle D. 10/10

Lydia F. 10/22

Es H. 10/22

Evelyn H. 10/5

Eddie P. 10/6

Residents:

Mary C. 10/27

Virginia H. 10/3

Joe M. 10/27

Juanita T. 10/30

Join us for our Birthday Party celebrating all of our October Birthdays on the 13th!

OCTOBER BIRTHSTONES



Individuals born in October get to choose between two birthstones—tourmaline and opal. Each gem then unveils nearly limitless possibilities, as each one comes in a rainbow of shades and color combinations.

In fact, both of October's birthstones came to earth through a journey involving rainbows, according to legend.

Between tourmaline (whose color depends on trace elements in its chemical makeup) and opal (which diffracts light to show a play of multiple colors), October's birthstones offer a full spectrum of gems to suit anyone's personal tastes.



Brush Country Nursing and
Rehabilitation
6500 Brush Country RD
Austin TX 78749

Postage
Information



Brush Country
Nursing and Rehabilitation

We are hiring!

Do you know any CNAs or Nurses?

Send them our way and help us provide the best possible care for your loved ones! We are offering competitive pay and a **SIGN ON BONUS** for Full Time Employees!

A Note from our Director of Nursing:

Hello, my name is Mary LaClair and I joined the Brush Country team as the Director of Nursing at the end of July! My experience as a nurse spans several decades and has afforded me multiple opportunities, including previously working as a DON in another Austin facility.

Originally, I come from Western New York and moved to other areas of the country before settling in Austin.

I am very pleased to be part of this team and will work diligently to assure the best care for all! Please stop by any time to meet me!

Sincerely,
Mary LaClair

